

**HISTORY OF SCIENCE 175
MADNESS AND MEDICINE:
THEMES IN THE HISTORY OF PSYCHIATRY**
Spring Term, 2003

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Lectures:
Tuesdays and Thursdays, 9:00 AM
Science Center C
Section Hour: to be scheduled
Course website: www.fas.harvard.edu/~hs175/

HOUSEKEEPING:

The reading material for this course is primarily contained within a two-volume sourcebook consisting of both primary and secondary sources. The sourcebook is available for purchase at Gnomon Copy on 1218 Mass Ave in Harvard Square.

In addition, three books are required for this course: Edward Shorter's *History of Psychiatry*, Peter Kramer's *Listening to Prozac*, and Kay Redfield Jamison's *An Unquiet Mind*. All are available for purchase in the textbook department at the Coop. All are also available on reserve at Lamont. Readings from these are identified in the syllabus with an asterisk (*).

Finally, this course makes use of various on-line sources (including audio and video material). These can be accessed directly by clicking on the relevant titles from the on-line version of this syllabus.

There are four teaching fellows for the course. They can be reached at the following email addresses:

Kristen Haring (Head TF): haring@fas.harvard.edu
Nathan Greenslit: npg@mit.edu
Beth Johnston: bethjohnston93@hotmail.com
Kevin Stoller: stoller@fas.harvard.edu

BREAKDOWN OF CLASS REQUIREMENTS:

Midterm (15%); Historical Writing Exercise (15%); Small Research Project (20%);
Section participation (15%); Final (35%)

LECTURE AND READING SCHEDULE:

Th, Jan. 30

People, places, themes: getting oriented

No reading

UNIT ONE: THE "CONTAINMENT" OF MADNESS

Tu, Feb 4

Images of beginning: The "birth" of the asylum, the "birth" of psychiatry

Reading

- Digby, Anne, "Moral treatment at the Retreat, 1796-1846," in Bynum, W.F., et al., eds., *The Anatomy of Madness*, vol. 2, pp. 52-72.
- Zilboorg, Gregory, *A History of Medical Psychology* (W.W. Norton & Co., 1941), pp. 319-341.

Th, Feb 6

Angry historians: Michel Foucault, Marxism, and new origin stories

Reading

- Foucault, Michel, *Madness and Civilization*, excerpts in *The Foucault Reader*, ed. P. Rabinow (New York, Pantheon Books, 1984), pp.141-167.
- Grob, Gerald N. "The History of the Asylum Revisited: Personal Reflections," *Discovering the History of Psychiatry*, ed. Mark S. Micale, R. Porter (New York: Oxford University Press, 1994), pp. 260-281.

Tu, Feb 11

Buildings, patients, doctors: visiting the 19th-century asylum

Reading

- Tomes, Nancy, "A Generous Confidence: Thomas Story Kirkbridge's Philosophy of Asylum Construction and Management," *Madhouses, Mad-doctors, and Madmen: The social history of psychiatry in the Victorian era* (Philadelphia: Univ. of Pennsylvania press, 1981), pp. 121-143.
- Dwyer, Ellen, *Homes for the Mad: Life Inside Two Nineteenth-Century Asylums* (Rutgers University Press, 1987) pp. 7-28.
- Peterson, Dale (ed.), *A Mad People's History of Madness* (University of Pittsburgh Press, 1982) pp. 92-107.

UNIT TWO: WELLSPRINGS OF MADNESS

Th, Feb 13

Bad biology--madness as degeneration

Reading

- Showalter, Elaine, "On the Borderland" in *The Female Malady* (Pantheon Books, 1985) pp.101-120.
- Lombroso, Cesare, *Crime: Its Causes and Remedies*, tr. H. P. Horton (New Jersey: Patterson Smith, 1911), pp. 365-375.
- Maudsley, Henry, *Body and Will* (New York: D. Appleton & Co., 1884), pp. 237-256.

Tu, Feb 18

Bad biology--the mad brain

Reading

- *Shorter, Edward, "The First Biological Psychiatry," *A History of Psychiatry: From the Era of the Asylum to the Age of Prozac* (New York: John Wiley & Sons, 1998), pp. 69-81.
- Moore, J.W., "The Syphilis-General Paralysis Question," *Review of Neurology and Psychiatry* (1910) pp. 259-271.

Th, Feb 20

Hysteria, from Charcot to Freud

Reading

- Breuer, Joseph & Freud, Sigmund, "Studies on Hysteria: Anna O., Katherina," *The Freud Reader*, ed. Peter Gay (New York: W.W.Norton, 1989), pp. 60-86.
- De Maurneffe, Daphne, "Looking and Listening: The Construction of Clinical Knowledge in Charcot and Freud" *Signs: Journal of Women in Culture and Society*, vol. 17, no. 1 (1991), pp. 71-111.

FIRST SHORT PAPER (HISTORICAL BOOK REVIEW) DUE IN SECTION THIS WEEK

Tu, Feb 25

Freud in the trenches: from hysteria to shellshock

Reading

- Shephard, Ben, Prologue, "The Shock of the Shell" and ch. 6: "Home Fires" in *A War of Nerves* (Harvard University Press, 2001) pp. 1-3, 73-95.
- W.H.R, Rivers, "The Repression of War Experience," in the *Proceedings of the Royal Society of Medicine*, 1918, vol. xi. (Section of Psychiatry): 1-17. Also on-line at: <http://www.panix.com/~iayork/Literary/rivers.shtml>.

Th, Feb 27

The making of schizophrenia: madness for our time

Reading

- Kraepelin, Emil "Dementia Praecox and Paraphrenia (1919) and "Introductory Lectures on Clinical Psychiatry (1906), and "Dementia Praecox", in C. Thompson, ed. *The Origins of Modern Psychiatry* (John Wiley & Sons, 1987) pp. 225-243.
- Bleuler, Eugen "The Fundamental Symptoms of Dementia Praecox or the Group of Schizophrenias" (1911), in Thompson (John Wiley & Sons, 1987) pp.165-209.

Tu, March 4

MIDTERM

UNIT THREE: PREVENTION AND TREATMENT OF MADNESS

Th, March 6

Preventing madness: "mental hygiene"

Reading

- Grob, Gerald, "A New Psychiatry," *The Mad Among Us*. New York: The Free Press, 1994, pp. 129-164.
- Williams, Frankwood, "Community Responsibility in Mental Hygiene," *Mental Hygiene* 7 (1923), pp. 496-508.
- Buck versus Bell, 1927 <http://www.crimetheory.com/Archive/BvB/index.html>
- Smith, Ken, "A Perfectly Delightful Way to Learn," *Mental Hygiene*. New York: Blast Books, 1999, pp. 15-25.
- "Mental Hygiene: Keeping Mentally Fit" (1952):: download from <http://webdev.archive.org/movies/detailsdb.php?collection=prelinger&collectionid=00616>.

Tu, March 11

Fever therapy, shock therapy: the first somatic treatments for madness

Reading

- Braslow, Joel, "The Influence of a Biological Therapy on Physicians' Narratives and Interrogations: The Case of General Paralysis of the Insane and Malaria Fever Therapy, 1910-1950, *Bulletin of the History of Medicine* 70.4 (1996) 577-608.
- De Kruif, "The Pale Horror," *Reader's Digest* (April, 1933) 22 (132), pp. 25-28.
- Ray, Marie Beynon, "The Insulin Hour," in *Doctors of the Mind: What Psychiatry Can Do* (Perma Giants, 1946) pp.189-209.
- Cerletti, Ugo, "Old and New Information about Electroshock " in *American Journal of Psychiatry*, vol. 107 (1950), pp. 87-94.

Th, March 13

Psychosurgery

Reading

- Pressman, Jack, "Sufficient Promise: John F. Fulton and the Origins of Psychosurgery," *Bulletin of the History of Medicine* (1988), pp. 1-22.
- Freeman, Walter, & Watts, James, "Prefrontal Lobotomy in the Treatment of Mental Disorders" in *Southern Medical Journal*, 30 (1937) pp. 23-31.
- Kaempffert, Walter, "Turning the Mind Inside Out" in *Saturday Evening Post* (May 24, 1941) pp. 18-19, 69, 71-74.

Tu, March 18

World War II and the treatment of "war neuroses"

FILM: "Let There be Light" (John Huston, 1948)

Reading

- Hersey, John, "A Short Talk with Erlanger," *Life Magazine*, (October 29, 1945) pp. 108-122.

Th, March 20

Schizophrenia after World War II: the rise and fall of the "schizophrenogenic mother"
(Guest lecture: Deborah Weinstein)

Reading

- Neill, John "Whatever became of the schizophrenogenic mother?" in *American Journal of Psychotherapy*, vol. XLIV, No. 4, (1990) pp.499-505.
- Fromm-Reichmann, Frieda, "Notes on the mother role in the family group" (1940) *Bulletin of the Menninger Clinic* 4: 132-148 (including discussion, p. 145-8).
- Strecker, E., *Their Mothers' Sons*, (J.B. Lippincott Co., 1946), pp. 13-29, 160-168.
- Bateson, Gregory et al. "Toward a Theory of Schizophrenia" *Behavioral Sciences*, vol. 1 (1956), pp. 251-264.

SPRING BREAK

Tu., April 1

Drugs for schizophrenia: from "major tranquilizers" to "anti-psychotics"

Reading

- *Shorter, *A History of Psychiatry*, 239-262.
- Ostow, Mortimer "The New Drugs" *The Atlantic Monthly* (1961) pp.92-96.

- Crane, George, "Clinical psychopharmacology in its 20th Year: late, unanticipated effects of neuroleptics may limit their use in psychiatry," *Science* 181 (1973), pp. 124-128.
- Tansey, E.M., "'They used to call it psychiatry': Aspects of the development and impact of psychopharmacology," in: Gijswijt-Hofstra, M., and Porter, R., eds., *Cultures of Psychiatry and Mental Health Care in postwar Britain and the Netherlands* (1998), pp. 79-101.

Th, April 3

Schizophrenia as brain disease, schizophrenia in the family

FILM: "Madness and the Brain" (NOVA, 1987)

Reading

- Johnson, Dale L., "Schizophrenia as a Brain Disease: Implications for Psychologists and Families" in *American Psychologist* (March, 1989), pp. 553-555.

Tu, April 8

Manic-depression and lithium: managing the highs and lows of the "other" psychosis

Reading

- *Jamison, Kay R., *An Unquiet Mind* (New York: Random House, 1997), selections.
- Website for the National Depressive and Manic-Depressive Association (NDMDA): www.ndmda.org.

Th, April 10

Depression and its drugs: from psychic "energizers" to Prozac

Reading

- Healy, David, "The Discovery of the Antidepressants," *The Anti-Depressant Era*. Cambridge: Harvard University Press, 1997, pp. 43-77.

Tu, April 15

Psychoanalysis and its rebels: the persistence of psychotherapy in American psychiatry
(Guest lecture: Rachael Rosner)

Reading

- Greenberger, Dennis and Christine A. Padesky, "Where's the Evidence," in *Mind Over Mood: A Cognitive Therapy Treatment Manual for Clients*. Guilford Publications, 1995, pp. 63-88.
- Perls, Fritz, "Technique of Awareness", *Gestalt Therapy. Excitement and Growth in the Human Personality*. Harmondsworth: Penguin Books, 1972 (1951), pp. 73-94.

- "Therapy's Nervous Breakdown" [essay review of recent books on the history of psychotherapy] Salon.com (Feb1997):
<http://www.salon.com/feb97/therapy970203.html>

UNIT FOUR: MADNESS AND ITS DISCONTENTS

Th, April 17

Psychiatry and the law: uneasy relations
(Guest lecture: Nicholas Weiss)

Reading

- Rosenberg, Charles, *The Trial of Assassin Guiteau*. Chicago: University of Chicago Press, 1968, excerpts.
- U.S. DC Circuit Court of Appeals, USA v. Weston Russell E. Decided July 27, 2001.
- [Selected articles about the case of Russell E. Weston, in *The Washington Post*, to be handed out in section.]

Th, April 22

"Anti-psychiatry:" Szasz, civil right, and the "myth of mental illness"

Reading

- Szasz, Thomas (1961) *The Myth of Mental Illness* (New York: Granada, 1981), pp. 9-27.
- Isaac, Rael Jean & Virginia C. Armat, *Madness in the Streets: How Psychiatry and the Law Abandoned the Mentally Ill*, (New York: The Free Press, 1990) pp. 19-44 (reading for April 22 and April 24: note that Laing and Szasz are here discussed in reverse order to their discussion in lecture).
- The Thomas S. Szasz CyberCenter for Liberty and Responsibility:
<http://www.szasz.com/>

Tu, April 24

"Anti-psychiatry:" Laing, the counter-culture, and the "psychedelics" of madness

Reading

- Laing, R.D., *The Politics of Experience* (Ballantine Books, 1967) pp. 100-130.
- Showalter, Elaine, "Women, Madness and the Family: R.D. Laing and the Culture of Anti-Psychiatry," in *The Female Malady* (Pantheon Books, 1985), pp. 220-247.

Tu, April 29

Psychiatry fights back: writing the DSM, the new "Bible" of mental illness

Reading

- Rosenhan, D.L., "On Being Sane in Insane Places" *Science* Vol. 179, No. 4070 (1973) pp. 250-258; "Letters" (Responses to Rosenhan), *Science* 179 (1973), pp. 356-368.
- Wilson, Mitchell, "DSM and the Transformation of American Psychiatry; A History," *American Journal of Psychiatry* 150:3 (March 1993), pp. 399-410.
- *Diagnostic and Statistical Manual of Mental Disorders: DSM IV* (Washington, D.C., American Psychiatric Association, 1994), pp. xv-xxv, 13-24.

Th, May 1

Of two minds? Taking the temperature of psychiatry today, between PTSD and Prozac

- *Kramer, Peter D., *Listening to Prozac* (Penguin Books, 1993) [selections].
- Rothman, David J. "Shiny Happy People" [review of *Listening to Prozac*] *The New Republic* (Feb. 14, 1994), pp. 34-38.
- Conversation with Judith Herman, M.D.: The Case of Trauma and Recovery," September 21, 2000, <http://globetrotter.berkeley.edu/people/Herman/herman-con0.html>.
- Laura Miller, Review of Tanya Luhrmann's *Of Two Minds* <http://archive.salon.com/books/review/2000/05/25/luhrmann/>
- Letter by Dr. Loren R. Mosher, former Chief of the Center for Studies of Schizophrenia, National Institutes of Mental Health, resigning from the American Psychiatric Association, 1998, <http://www.oikos.org/mosher.htm>; responses and rebuttals to Mosher, *Psychology Today* ; 10-01-1999 <http://www.moshersoteria.com/psycho.htm>.

SECOND SHORT (RESEARCH) PAPER IS DUE AT THIS LAST CLASS